

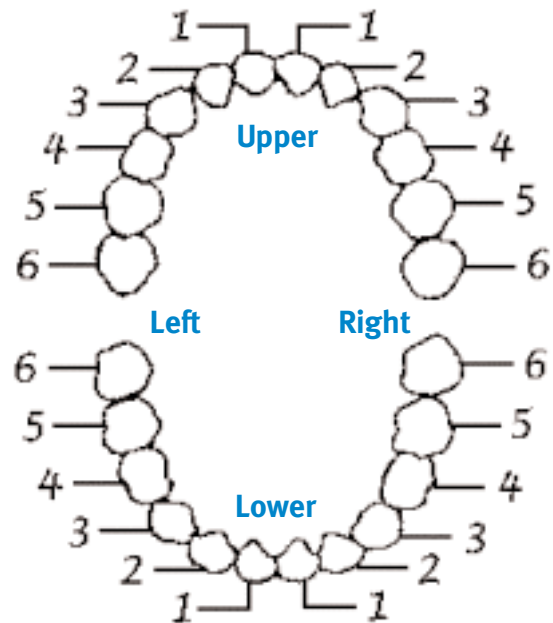


Teething Chart

Keep track of the appearance of your baby's teeth!

Simply colour the tooth as it comes out and mark the date and baby's age, for a record that you can treasure for years to come.

Name:



My first teeth appeared on these dates:

TOOTH	LEFT (date/age)	RIGHT (date/age)
1. Central Incisor		
2. Lateral Incisor		
3. Cuspid		
4. First Molar		
5. Second Molar		
6. First Permanent Molar		

Teething tips

The following measures can help ease the pain of teething:

- Extra cuddles
- Rubbing gums
- Teething ring
- Teething biscuits
- Cold foods
- Bonjela Teething Gel



As its name suggests, Bonjela Teething Gel has been specially formulated to bring fast, soothing relief from teething pains. Gently massage a dab

of gel onto the gum and within minutes, your baby can feel just as relieved as you do.

It's suitable for babies from 2 months old. And because it's banana flavour and sugar-free, it even tastes nice too. Exactly what you'd expect from Britain's best selling teething brand.

